

+last minute knit + prefect for birthdays and Christmas +



I'm a great fan of improvisation so you could use any left over yarn with a similar gauge (18 stitches by 24 rows). About 65m/50 g should be enough. Please see adjustment section below if you have a different weight yarn. Also I would like to recommend learning to knit cables without a cable needle. It's a great method (especially if you make this a portable project). For instructions please see Grumperia's explanation at <http://www.grumperina.com/cables.htm>

#### Size

The length of the headband is determined by the size of the head your knitting it for. A 50cm finished project should fit the average head. However you might want to check the receivers head: measure over the ears at an angle down into the neck. I advise you to make the finished length a little shorter (about 5 cm or two inch). The knitting stretches a bit and you don't want the headband to be too floppy.

This project is a quick knit. So it is great if you need it soon, perhaps to an unexpected change in the weather. And it is especially useful as a last minute (Christmas) gift.

#### Yarn adjustments

As you will see the pattern is build up out of 5 sections: the 2 side ridges, the pattern in the middle and (between the pattern and the side ridges) the 2 flat area's. If you have yarn that is thicker then the recommended Aran weight (or your gauge has less stitches than the 18 by 24 per 10 cm) then I suggest taking out some of the stitches in the flat area. This will make the side ridges and the central pattern closer together, but the width of the headband should still fit neatly over the ears.

I advise the opposite when using thinner yarn (or if your gauge has more stitches than the 18 by 24 recommended). In that case add a few stitches in the flat area's until it is wide enough to cover the ears.

A simple but very  
stylish pattern



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### Information



I hope you will respect these terms of use. I don't want others selling this free pattern for profit. Please contact me if you want to sell the finished item on a small scale. I am open to knitters trying to support their family through the sale of finished items, but will have to judge each case on its own.

If you have any questions or remarks about this pattern, please email [happylivingsupport@googlemail.com](mailto:happylivingsupport@googlemail.com). There is also a flickr group called Happy Living Patterns where you can post any pictures of your projects. I'd love to see them. Happy Knitting and stay warm!



17	16	15	14	13	12	11	10	9	8	7	6	5	4	3	2	1
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	Knit
—	Purl
	C3F: slip next st to cable n, hold yarn to front, k2, k1 from cable n.
	C3B: slip next 2 st to cable n, hold yarn to back, k1, k2 from cable n.
∇	SPF: slip one as if to purl with yarn in front of work
△	SPB: slip one as if to purl with yarn to back of work

Use this chart to make life easier...

**How to make Leafy**

Skill Level: advanced beginner  
 Teaches: an easy cable stitch  
 Size: fit to head

**Materials**

5 mm (US 8) needles  
 1 skein of Debbie Bliss Alpaca Silk Aran, colour used: 25006 green/grey  
 1 cable hook  
 1 darning needle (to sew up ends)

**Gauge**

18 sts by 24 rows per 10 cm (4 inch) square

**Abbreviations**

k = knit  
 p = purl  
 spf = slip one as if to purl with yarn at in front of stitch

Row 1: k2, p3, spb, k2, p1, k2, spb, p3, k2

Row 2: p2, k3, spf, p2, k1, p2, spf, k3, p2

Row 3: k2, p3, c3f, p1, c3b, p3, k2

Row 4: p2, k3, p3, k1, p3, k3, p2

spb = slip one as if to purl with yarn at back of stitch

c3f = slip next stitch on cable needle, hold to front of work and knit next 2 sts, k the stitch from cable.  
 c3b = slip next 2 sts on cable needle, hold to back of work and knit next stitch, k the 2 sts from cable.

**Directions**

Cast on 17 stitches  
 Start pattern working on the pattern.  
 Repeat until knitting is about 50 cm (19.5 inch) long. Or until it is long enough to fit snugly around the head of whomever you are knitting it for.  
 Finish with one purl row and cast off

**Blocking** (optional)

The Leafy curls up a bit. This will not show when the headband is worn, however some might like to block their Leafy to have it flat even when not worn.  
 If you like to block the leafy headband, please take a towel and fold it double. Pin Leafy to the towel with pins without stretching it so the pattern is flat. Spray with water until damp and leave to dry naturally.

**To make up**

Fold double with the right sides together and sew the two ends together. Turn and wear with style!

Don't forget to show off your knitting in the Happy Living Patterns Flickr group!